

time to

# LIVE WELL



With  
**AMY PACKER**

## RETAIL THERAPIES

**COVID-19 knows no borders. Neither should the vaccine.**

#GOGIVEONE  
Vaccines for everyone, everywhere.

■ While the Covid-19 vaccine drive is going well, in lower income countries only 1 in 13 are jabbed. This Christmas, the Go Give One campaign ([gogiveone.org](http://gogiveone.org)), launched by the WHO Foundation is aiming to get 50m people to give a few quid to buy a vaccine for someone who wouldn't otherwise have access to one.



■ Soothe away Christmas stress with British fine fragrance brand Noble Isle's Forest Bathing Gift Set ([nobleisle.com](http://nobleisle.com)). Containing a stunning Pinewood Single Wick Candle and Scots Pine Bath & Shower Gel, you simply need to inhale deeply to be transported to Scotland's ancient forests without the need to climb a single mountain.

■ Psychologists believe there is a link between playing with soft toys in childhood and life-long empathy towards real animals. Snugglies brand Living Nature has a range of very realistic 'pets' including this super-cute Golden Labrador Puppy ([uk.livingnatureworld.com](http://uk.livingnatureworld.com)). Plus the stuffing is recycled plastic, so they are eco-friendly too.



■ After bacon sarnies, decent hot chocolate is one of the treats that vegans miss most. But with the Hotel Chocolat Velvetiser ([hotelchocolat.com](http://hotelchocolat.com)) - the world's first hot chocolate machine - you can enjoy creamy, barista-grade beverages in two and a half minutes. Simply add your plant milk and a sachet of their decadent 45% Nutmilk cocoa.

